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Beta Switch Diet

<https://betaswitchreview.com.au/author/admin>

The Beta Switch diet is a 12-week body transformation system designed for women. Sue Heintze is an Adelaide woman who, despite all the heartache, deprivation and sweat, never lost the stubborn fat on her bum, thighs and the backs of her legs that she'd been ashamed of ever since she was 18 years old, hence the Beta Switch diet.

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